

Chapter #2 – How do I present myself with convincing power

From: My Job Search – Self-Reliance

There are 7 unique chapters in this booklet, My Job Search. I will highlight each chapter during the next 7 months. Since there are many pages to each chapter, I will refer you to the booklet for the text. Just click on this link, [My Job Search](#), to open the pdf file on the church website. You may then save it on your own computer.

Please share this information with anyone you can.

CHAPTER 2

This chapter highlights the two important functions of creating a power statement and turning your negatives into positives.

FOUR KEY PARTS TO A POWER STATEMENT

Identify a value,
skill, or strength.

Give a
specific
example or
accomplishment.

Show the results.

Match our value to
the needs of the
employer.

1. SKILL	2. EXAMPLE (Be specific)	3. RESULTS (Be specific)	4. MATCH TO NEEDS
I can build and motivate teams.	For example, as a full-time volunteer for my church , I was asked to lead a team of eight volunteers who were not unified and were not meeting goals.	So I held training meetings and helped them value each other, set goals, and meet those goals.	I can help your teams come together to meet and exceed your goals.
I have experience solving problems.	For example, in our family business , we were not sure of our expenses. I decided to create better records and track daily expenses.	By watching my records and tracking trends, we proved that a supplier was charging a little more on every invoice without telling us.	I will apply these problem-solving skills to any challenges you may be facing, and I'm sure I can find a good answer.
I can organize.	For example, as a mother , I coordinate the schoolwork and job tasks of three children at home.	By managing these schedules, I've made sure each child has successfully completed school and knows how to work.	I can use these management skills to keep your company's schedules so all your appointments are kept.

HOW DO I TURN NEGATIVES INTO POSITIVES? (OPTIONAL ACTIVITY)

Discuss: How do you answer this question: "What is your greatest weakness?" Read Gloria's answer.

"Well, I am working on my ability to manage my time most effectively. I've found a calendar tool that really helps me, and I use it daily. Recently, despite many competing priorities, I helped to bring a large sales project to completion on time."

Read: Notice that Gloria:

- Shared a weakness that is common to many people.
- Described specifically how she is overcoming the weakness.
- Added information from a power statement.

Practice: Try this with a family member or friend. Have them ask you a negative question. Respond by sharing a weakness that is common to many people. Describe how you have overcome this weakness. Add information from your power statement.

Special Note:

In the recent past, I have had the opportunity to research more deeply and present information on plants, herbs and how they relate to health. I did one for a Young Women Camp activity and two for R1 High Priest Meetings. I have linked the documents below for your convenience:

[YW Camp preparation Plants and Herbs #1 \(.pdf\)](#)

[Lords Law of Health WOW for HP lesson #2 \(.pdf\)](#)

[Senior \(Male\) Health 101 #3 \(.pdf\)](#)

References:

[Self-Reliance Services](#)

[Self-Reliance Presentation](#) Author: Michael J. Goodwin

Other Church Employment Self-Reliance Booklets available: (see srs.lds.org for more info and videos)

[Leader Guide](#)

[My Path](#)

[Education for Better Work](#)

[My Foundation](#)

Sincerely,

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