

Self-Reliance – Presentation Copy

This is the First year of the rest of your life.

Have you thought about what you are going to do with it?

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Heavenly Father wants you to be self-reliant!

D&C 104:15-17 The Lord has declared, "**It is my purpose to provide for my saints**"

16 But it must needs be done in mine own way; and behold this is the way that I, the Lord, have decreed to provide for my saints, that the poor shall be exalted, in that the rich are made low.

17 For the earth is full, and there is enough and to spare; yea, I prepared all things, and have given unto the children of men to be agents unto themselves.

Who has to open the door?

D&C 38:29-30

29 Ye hear of wars in far countries, and you say that there will soon be great wars in far countries, but ye know not the hearts of men in your own land.

30 I tell you these things because of your prayers; wherefore, treasure up wisdom in your bosoms, lest the wickedness of men reveal these things unto you by their wickedness,... but **if ye are prepared ye shall not fear.**

D&C 78:14 That through my providence, notwithstanding the tribulation which shall descend upon you, that the church may stand independent above all other creatures beneath the celestial world;

"All things unto me are spiritual, and not at any time have I given unto you a law which was temporal." D&C 29:34

Is self-reliance Spiritual or temporal? YES

Self-reliance is the "ability, commitment, and effort to provide the spiritual and temporal necessities of life for self and family" (Handbook 2: Administering the Church [2010], 6.1.1).

What has the church, ie, the Lord, offered you to help you become more self-reliant?

The Priesthood

Gift of the Holy Ghost

Callings as opportunities to learn and grow and lead

YM and YW Programs - Character and skill building principles – Young Men/Boy Scout and Young Women Programs

Lord's Law of health – D&C 89

18 And all saints who remember to keep and do these sayings, walking in obedience to the commandments, **shall receive health in their navel and marrow to their bones;**

19 And shall **find wisdom and great treasures of knowledge, even hidden treasures;**

20 And **shall run and not be weary, and shall walk and not faint.**

21 And **I, the Lord, give unto them a promise,** that the destroying angel shall pass by them, as the children of Israel, and not slay them. Amen.

DOCTRINES AND PRINCIPLES OF SELF-RELIANCE

Doctrines

1. The temporal and spiritual are one

2. The Lord commands us to be self-reliant and has all power to help us

3. Self-reliance is a principle of exaltation

Principles

<https://www.lds.org/topics/pef-self-reliance/principles?lang=eng>

12 Principles of Self-Reliance

The Lord has declared, "It is my purpose to provide for my saints" ([D&C 104:15](#)). This revelation is a promise that the Lord will provide temporal blessings and open the door of self-reliance. He has also declared that "it must needs be done in [His] way" ([D&C 104:16](#)). To receive the blessings of self-reliance, we must accept and live the principles of self-reliance, which include the following:

1. Exercise Faith in Jesus Christ ([D&C 104:15](#))
2. Use Time Wisely ([Alma 34:32](#))
3. Be Obedient ([D&C 130:20–21](#))
4. Manage Money ([D&C 104:78](#))
5. Work: Take Responsibility ([D&C 42:42](#); [2 Nephi 2:16, 26](#))
6. Solve Problems ([Ether 2:18–19, 23](#); [3:1, 4](#))
7. Become One, Work Together ([Moses 7:18](#); [D&C 104:15–17](#))
8. Communicate: Petition and Listen ([D&C 8:2](#))
9. Persevere ([Hebrews 12:1](#); [D&C 58:4](#))
10. Show Integrity ([Mosiah 4:28](#); [Job 27:5](#); [Articles of Faith 1:13](#))
11. Seek Learning and Education ([D&C 88:118–119](#))
12. Stay On Task, Receive Ordinances ([D&C 84:20](#); [D&C 136:4](#); [1 Nephi 18:2–3](#))

These principles are taught more fully in the booklet [My Foundation: Principles, Skills, Habits](#). We invite you to diligently study and apply them and teach them to your family. As you do, your life will be blessed. You will learn how to act on your path toward greater self-reliance. Pr. Monson

Person and family preparedness standards and charts

Personal and Family Preparedness Wheel is a STEERING wheel

6 areas of self-reliance – HERSHEY

Home Production and Storage	Social-Emotional/Spiritual
Employment	Health
Resource management	Education (Y – You can do it)

Self-reliance goal chart – personal

skills and talents – BSA Merit badge listing

Church employment resources

What does the church have to offer in terms of employment resources?

Programs and services:

[Employment Resource Center](#), Lisle, IL ,

Career Workshop, a \$5000 value, Self-Employment Workshop, etc.

Resume writing, job search, interview tips, Power Statements, etc.

Me in 30 seconds – a 30 second sales pitch to sell YOU, ie, "I am a self-starter with skills and knowledge in many areas. I can see the BIG picture and fit the pieces together, ..."

Unit and stake employment specialists

Unit specialists help the individual one-on-one to develop the necessary skills to secure a job, such as reinforcements to the Career Workshop program. The unit can provide mentors and job coaches to assist you. Disseminate information regarding local job fairs, hiring binges, etc.

The Stake specialist trains the unit specialist and provides additional resources.
Monthly self-reliance email, archived on selfrelianceclub.com.

2 questions to ask in every Priesthood and Relief Society meeting:

1 – do you know of anyone who needs a job?

2 – do you know of any jobs available?

The answers to these questions need to be forwarded to the unit employment specialist.

Job leads can be gathered by anyone and the unit specialist can be post them to ldsjobs.org for all to see.

Ldsjobs.org – completing the profile basically generates your resume information, power statements and me in 30 seconds, job postings, job searches, resume creation (Resume Builder free access).

Development Program through Sam Denton, temporary supported employment, etc.

Addiction recovery program – helps you get on track if you need additional help

BYU Idaho, Pathways Program (Learn, Do/Teach, Become)

Employment materials: srs.lds.org, videos available too.

[My Foundation: Principles, Skills, Habits](#)

[Leader Guide](#)

[My Path](#)

[Starting and Growing My Business](#)

[My Job Search](#)

[Education for Better Work](#)

(Smartphone access through Gospel Library)

The Lord has told us that “men should be anxiously engaged in a good cause, and do many things of their own free will, and bring to pass much righteousness;

“For the power is in them, wherein they are agents unto themselves. And inasmuch as men do good they shall in nowise lose their reward.” ([D&C 58:27–28.](#))

How do you get out of your comfort zone, recognize your responsibility to be self-reliant?

LDS Just Serve Program (What's That?)

Volunteer opportunities:

Find an organization whose purpose you wish to support to become involved. You can learn leadership, organization skills, public speaking, etc.

Red Cross /LDS Statement of understanding

You can volunteer as mentors and job coaches to help others in your unit

When I was an Elders Quorum President, I tried to start a monthly meeting calling it the Elders Quorum Connection. The basis was to find someone with a need, find someone who could fulfill that need and find others who wanted to know/see the process, thus all would be edified. The only one who opposed, due to not wanting to have another meeting to go to, is now a bishop.

You can Form Self-reliance groups at the unit or Stake level focusing on employment, education, self-employment, ...

You can start your own Self-Reliance Club like I did in July 2014. We meet 11 times a year on a monthly basis and take turns hosting and teaching what we know. In past meetings we learned deer skinning and processing, lotion bars, caramels, gardening, food preserving, fruit tree grafting, grape juice and jelly making, bread making, spinning and weaving, etc. Future Meetings will include suturing, fishing and fish cleaning, knot tying, hoop houses/high tunnels, chicken raising,...

How to Achieve ANY Goal you want:

Goal Setting Formula – From: Zig Ziglar

- 1 – clearly identify the goal (must be your goal)
- 2 – set a date when the goal will be accomplished
- 3 – identify the obstacles you must overcome
- 4 – identify the people you need to work with
- 5 – identify the knowledge, education, skills you need
- 6 – develop an action plan
- 7 – identify what's in it for me – why accomplish this goal?

We have many poor and needy in today's world and they are joining the church. There are a couple of generations where children were not required to work to help take care of the family, or to take care of themselves. They are floundering in their lives as a result of not learning and living self-reliance principles. The Lord has provided a way to help them.

Other Resources:

Computer and internet access through the family history centers

[The Blessing of Work](#) Bishop H. David Burton, Presiding Bishop

[Work and Self Reliance – Pr. Heber J. Grant](#)

[New member discussions on self-reliance and preparedness](#) What the church used to teach to new members.

[PH and RS manual lessons on self-reliance](#) Chapters from former Priesthood and Relief Society Manuals

[Skills and Talents Survey Forms](#) A chart of various skills and talents to identify and BSA Merit Badge Listing

[The Celestial Nature of Self-Reliance](#) Pr. Romney

[Self-Reliance Assessment Form](#) A form from My Path to help you determine your level of self-reliance.

[Personal and Family Preparedness Standards and Goals](#) Church standards of self-reliance/preparedness issues.

[Personal and Family Preparedness Goal Sheet](#) A chart for you to identify areas needing improvement and what you are going to do to improve them.